

A white silhouette of a pregnant woman is positioned on the left side of the cover, facing right. Her arms are raised, and her hands are clasped above her head. The silhouette is set against a solid dark green background.

SP6 *Complete*

Instructions

Appetite Control Patch

Instructions for Use:

Apply the SP6 Complete patch to clean, dry skin in the morning and remove in the evening. Patches can be worn up to 12 hours at a time. SP6 is to be worn 5 days per week, wearing a new patch each day. Suggested use for week 1 shown in diagrams. For maximum results during week 2 and thereafter, rotate the patch between the acupuncture points only on your left leg that give you the most control of your appetite.

Remove immediately if you feel discomfort or skin irritation occurs. Do not reuse patch once removed from the skin. Do not use more than one SP6 Complete patch at a time on the body. Keep your body well hydrated with water during the use of the patches.



DAY 1

SPLEEN 6 (Chinese name: San Yin Jiao) ON YOUR LEFT LEG

To find this point place the four fingers of your right hand above the inside ankle bone on your left foot. Spleen 6 is located on the bone (tibia). This point has given the best results.



DAY 2

STOMACH 36 (Chinese name: Zu San Li) ON YOUR LEFT LEG

To find this point place the four fingers of your right hand underneath the bottom of the left knee cap. Stomach 36 is one finger width to the outside of the left knee. This point gives good results.



DAY 3

KIDNEY 3 (Chinese name: Tai Xi) ON YOUR LEFT LEG

To find this point locate the inside of your left ankle bone. Kidney 3 is located in the depression next to the ankle bone and the Achilles Tendon.

DAY 4 – apply to the SPLEEN 6 point (same as Day 1)

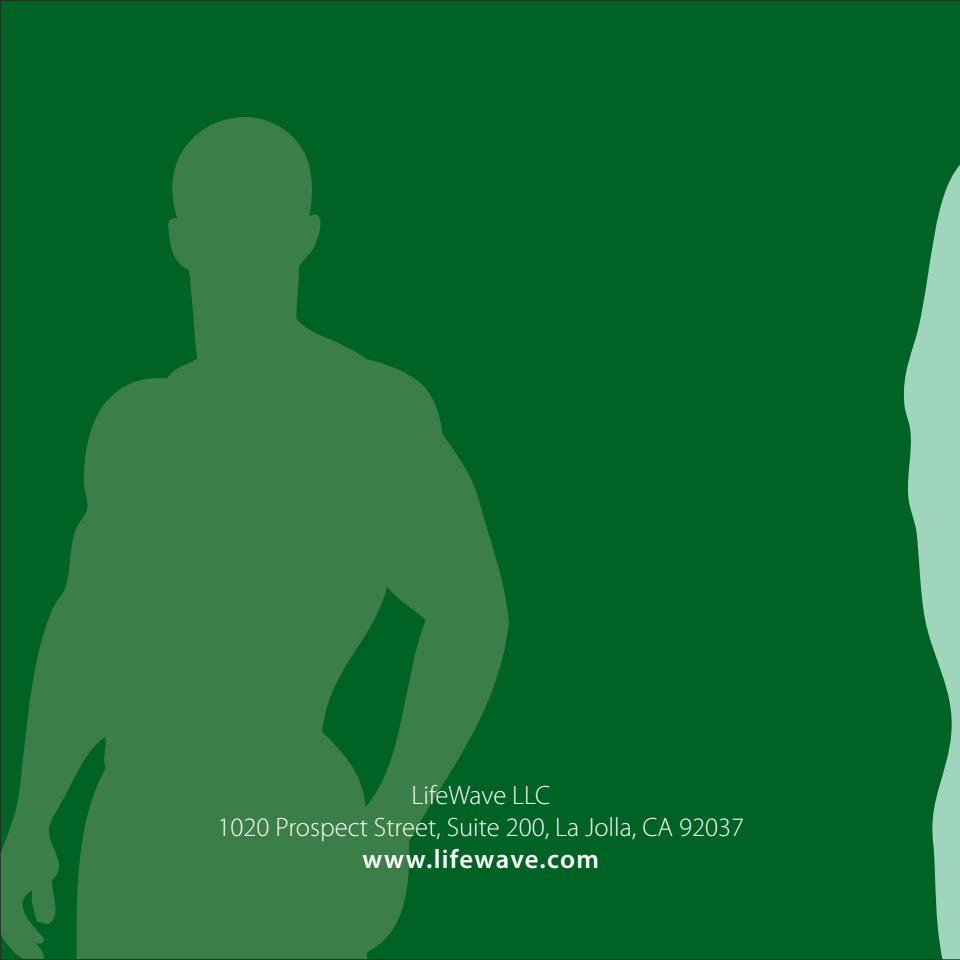
DAY 5 – apply to the STOMACH 36 point (same as Day 2)

Benefits of the SP6 Complete Patch:

- Helps control & regulate appetite
- May help reduce cravings
- No pills, drugs, stimulants or needles involved
- Convenient & easy to use, apply in the morning, remove at night

For more information on all of the components in the SP6 Complete system, please visit: www.SP6Complete.com

Warnings: For external use only. Do not ingest. Do not use on wounds or damaged skin. Ask a health professional before using if you have a health condition. Do not use if pregnant or nursing. This product is not intended to diagnose, treat, cure or prevent any disease.



LifeWave LLC
1020 Prospect Street, Suite 200, La Jolla, CA 92037
www.lifewave.com