

## FREQUENTLY ASKED QUESTIONS

### 1. How does SP6 work if nothing enters the body?

This is a non-transdermal patch with a new technology that gently stimulates acupuncture points to improve the body's energy flow for helping to control appetite. This is similar to the way that sunlight can increase your body's levels of Vitamin D. No supplements, stimulants or needles are used.

### 2. Where do you apply the patch for the best results?

The patches will work in many locations. Please refer to the diagrams inside for placement options.

### 3. How many patches can I wear at one time?

Do not use more than one patch at a time. Best results are obtained wearing one patch only.

### 4. How safe are the patches to use?

Acupuncture has been utilized for thousands of years as a method for relieving pain and improving the quality of life. While we have shown our products to be safe, if you feel any discomfort at anytime, remove the patches and drink extra water.

### 5. Have these patches been independently tested?

Yes, research has shown that the SP6 patches help to control appetite within the very first day of use. Visit [www.lifewave.com/research.asp](http://www.lifewave.com/research.asp) for more information.

### 6. How long can I wear the patch?

It's recommended you wear a patch no more than 12 hours per day. Do not reuse patches.

### 7. Can anyone use SP6?

If you have a health condition or are in doubt please consult your physician before using SP6. Do not use if you are pregnant or nursing.

### 8. How much weight can I expect to lose using SP6?

As with any weight loss program individual results will vary. The SP6 program is intended to help you control your appetite, reduce calories, eat right, and exercise. This winning formula is a path that will assist you in losing weight.

### 9. What will I feel when wearing SP6?

You will probably feel nothing. What many people report is that they become fuller faster when eating meals. Also, you should notice better appetite control and reduced sugar cravings.

## FAQ's continued...

### 10. Are there any drugs or stimulants in the patches that are entering the body?

No. LifeWave patches DO NOT contain any harmful drugs or stimulants. The patches are designed to apply a mild and temporary pressure to acupuncture points that are known to improve the flow of energy through the body. No magnets or needles are used.

### 11. Can I wear the SP6 Patch with other LifeWave patches?

Yes, you can wear LifeWave Energy Enhancer or IceWave patches with SP6. Using Y-Age patches before you begin the SP6 program is recommended. It is not recommended to use either Y-Age patch with SP6 at the same time.

### 12. Do I need to change my eating habits?

Today, most people consume too much sugar, which is a key reason so many of them have trouble losing weight. To lose weight you do need to reduce the amount of sugar and other food you consume each day. Changing your eating habits to include healthy, well-balanced meals can improve your weight loss and help give you a better quality of life.



## TESTIMONIALS

*"In 14 days I lost 11 lbs and 1 ½ inches around the waist. Kiss the Cravings Goodbye and feel full at the same time!"*

- **Bill M.**

*"This has been effortless and painless. It feels like my body is simply working the way it's supposed to."*

- **Lisa P.**

*"I lost 6 pounds my 1st week on the new SP6 patch and 3 lbs my 2nd week for a total of 9 lbs with no exercise."*

- **Serena C.**

*"I did not have the cravings for foods that I normally have, especially breads, cereals, potatoes, etc. My overall fat loss was 7 ½ pounds (in 12 days)."*

- **Chad D.**

*"I have dropped 14 lbs WOW I AM AMAZED. All the girls at work are asking me for the patches, because they have seen the weight I have lost."*

- **Aaron S.**

*"My late night cravings are now gone."*

- **John D.**

*"In two days I dropped 3 lbs!"*

- **Billy S.**

*"I have lost over 39 lbs and 6 inches in my waist, and 1 inch in my arms. SP6 has totally changed my daily eating habits. I do not crave the sweets and my appetite has been cut in half - I am so excited! I am wearing clothes I have not worn in years! My body is shrinking. Thank you LifeWave!"*

- **Regina D., Benson, NC.**

*"I didn't notice anything right away, but then when lunch time arrived, I realized I was barely hungry."*

- **Cheryl G.**

*"I'm so excited! I have lost more weight using this patch, than with anything else I have tried! I don't feel "jittery" and I'm not always thinking about my next meal and even when that meal comes, I am not really interested in it, so I don't devour it like I haven't eaten in days, in fact I usually leave more than half of the food on the plate."*

- **Samantha R.**

*"It became apparent, much to my surprise, that while using the patch my appetite has suppressed."*

- **Thomas B.**

For more information on LifeWave®, please contact:



## INTRODUCING SP6

What if there was a way to control your appetite without having to take stimulants. Now you can with LifeWave.

Our exclusive non-transdermal patch system utilizes new technology to gently stimulate acupuncture points, literally improving the flow of energy in the body. Clinical studies prove this method helps to control your appetite within the very first day of use.



## APPETITE CONTROL TECHNOLOGY

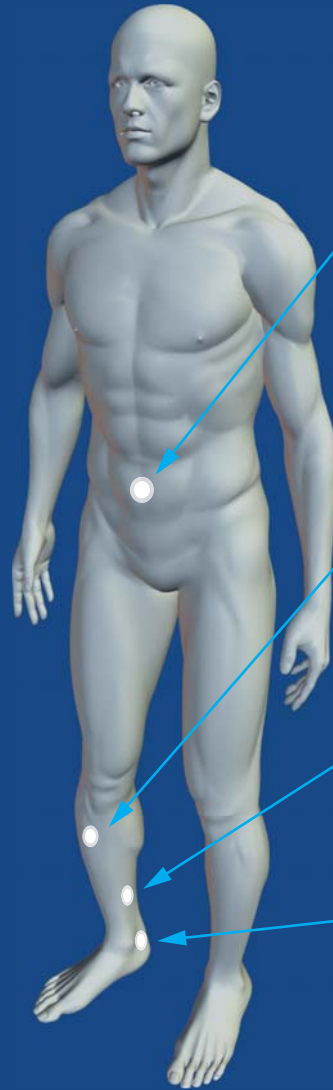
We're all accustomed to thinking that we have to put something into our body (like vitamins) to improve our health. While proper nutrition, water and exercise are a necessary part of any healthy lifestyle, our bodies also require a continuous flow of energy. For example, our brains and nerves transmit electrical signals to our muscles to cause them to use stored chemical energy to contract.

It's been known for thousands of years that specific frequencies of light can cause specific changes within the human body. When we go out in the sun, a frequency of light causes our body to make Vitamin D. Another frequency of light (UV) will cause our body to make melanin, the chemical that gives us a sun tan.

SP6 patches utilize this knowledge to stimulate acupuncture points on the body for improving the flow of energy. Clinical studies prove this method helps to control your appetite within the very first day of use.

## SP6 INSTRUCTIONS

Place one SP6 patch on the body using one of the locations shown. Patches can be worn up to 12 hours at a time. SP6 is to be worn 5 days per week, wearing a new patch each day. For maximum results, rotate the patch between only the acupuncture points that give you the most control of your appetite. Apply the patch to clean, dry skin in the morning and remove in the evening. Be sure to drink plenty of water while using this product.



CV  
8

This point is located directly on top of the belly button. This point gives good results.



ST  
36

This point is located four finger widths under the bottom of the right knee cap and 1 finger width to the outside of the knee. This point gives good results.



SP  
6

This point is located on the (tibia) bone, four finger widths above the ankle bone on your right foot. This point has given the best results.



KIDNEY  
3

This point is located in the depression next to the ankle bone on the inside of the right ankle.

**WARNINGS:** Remove immediately if you feel discomfort or skin irritation occurs. Do not reuse patch once removed from the skin. Do not use more than one patch at a time on the body. Keep your body well hydrated with water during the use of the patches. For external use only. Do not ingest. Do not use on wounds or damaged skin. Ask a health professional before using if you have a health condition. Do not use if pregnant or nursing. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. \*Individual results will vary

## WHAT IS ACUPUNCTURE?

Acupuncture is a type of Oriental healing art based on ancient Chinese and Japanese medicine. A practitioner will typically stimulate acupuncture points on the body with needles or pressure to improve sleep, relieve pain and discomfort and promote good health.

The self-adhesive SP6 patches utilize the principles of Oriental medicine and needleless acupuncture to gently stimulate points on the body that have been used to balance and improve the flow of energy in the human body for thousands of years. The result is a natural way of improving the quality of your life without any drugs, stimulants or needles entering the body.

## IT'S TIME FOR SP6!

**Tired of weight loss programs that DON'T work?**

**Fed up with impossible-to-stick-with fad diets or "fat burning" pills that rev you up only to have you crash back down?**

**Do you spend hours in the gym and feel you have nothing to show for it?**

Well, you're not alone. Most people are frustrated by minimal or temporary results from the latest trends in weight loss. It's time to stop believing in trends and start believing in results! It's time for a weight loss program that works by addressing how people gain weight and why diets, pills and exercise alone almost always fail.

SP6 is a completely new approach for weight loss success! Only SP6 targets how you gain weight by reducing the cravings that cause you to over eat – and provides you with guidelines to keep the weight off. The unique SP6 system gives you the appetite control to be satisfied with normal meals and not desire unhealthy snacks and helps you understand how to make weight loss last a lifetime.